



CLARENCE E. BOUDREAUX, M.D.
RUSSELL D. METZ, M.D.

DERMATOLOGY & MOHS SURGERY

JOHN MORELLO, M.D.
DARRELL J. FADER, M.D.

13111 Atlantic Blvd #4, Jacksonville, FL 32225 • Phone 904.221.3100 • Fax 904.221.3102

PREOPERATIVE INSTRUCTION FOR MOHS SURGERY

PRE-OPERATIVE CARE

- Shower or bathe the morning of your surgery.
- If surgery is to be done on the face, head, or neck, we prefer you bring a companion to drive you home.
- Do not plan any other appointments the day of your procedure as the surgery time is unpredictable and you may be in the office for the whole day.
- Bring a book, tablet, water and snacks or anything you feel you will need for the day to your appointment.
- Do not plan any physical activity the day of your surgery. Limitations of activity may be required for an additional one to two weeks after surgery. Ask your surgeon regarding your individual limitations.
- Plan to remain in town the week following your surgery so if any complications occur, we may take appropriate and quick care of your problem in our office.
- Do not stop any medications you are currently taking unless your prescribing physician has advised you otherwise.
- If you take aspirin and it was prescribed by a physician, do not discontinue use; if self-prescribed, discontinue use 10 days prior to surgery.
- If you take warfarin, please have INR (blood test to measure how well your blood can clot) within 1 week of your Mohs surgery.
- You may eat your normal breakfast or lunch prior to the procedure.
- If you have a pacemaker, defibrillator, or any other internal device, please notify your surgical nurse on the day of your surgery.

POST-OPERATIVE CARE

- Wound Care depends on the type of procedure and body location. Specific wound care instructions will be given on the day of surgery.
- Possible supplies needed include:
 - Antibacterial soap (this can include a bottle of Hibiclens cleanser).
 - Telfa dressing and surgical tape or adhesive bandage (such as Band-Aids) or non stick wrap for extremities.
 - Cotton Swabs (such as Q-tips)
 - Vaseline or Aquaphor - A new bottle is preferred.

CANCELLATIONS

A significant amount of the doctor's time has been set aside for your surgery. Please make every effort to keep your appointment. In the event of a cancellation, Beaches Dermatology requires 48 hours notice. Cancellations through our automated system are not accepted. Please call the office if you need to cancel.

FAILURE TO CANCEL WITHOUT PRIOR NOTICE WILL INCUR A FEE.

103 Solana Road • Ponte Vedra Beach , FL 32082 • 904. 273.2717 • FAX 904.273. 0410
1545 South 14th Street • Fernandina Beach, FL 32034 • 904.261.7500 • FAX 904.261.2166
614 East Twincourt Trail • St . Augustine, FL 32095 • 904. 808.7107 • FAX 904.287.8885
13111 Atlantic Blvd, Suite 4 • Jacksonville, FL 32225 • 904.221.3100 • FAX 904.221.3102