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Liquid Nitrogen

Liquid nitrogen causes frostbite and tissue destruction in the treated area. Expect a burning sensation for 20-30 minutes after treatment. The area will remain red for several days followed by a brown crust which promptly flakes off.

Occasionally a blister or a blood blister will form due to the liquid nitrogen freezing. Expect a total of 2 to 3 weeks for complete healing.

Care of liquid nitrogen treated areas:

- 1. Keep the area clean by washing with soap and water at least once a day.
- 2. If a blister forms, do not burst it unless it is painful. Painful blister can be drained using a needle that has been soaked in alcohol for 3 minutes.
- 3. For sores or blisters that develop, clean the area with hydrogen peroxide twice daily and cover with Aquaphor, antibiotic ointment or vaseline and a bandaid.
- 4. Liquid nitrogen treatment should not affect your habits of bathing, swimming or wearing of make-up

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