



www.beachesdermatology.com

Clarence E. Boudreaux, M.D.  
Dermatology & Dermatologic Surgery  
Certified American Board of Dermatology

Russell D. Metz, M.D.  
Dermatology & Dermatologic Surgery  
Certified American Board of Dermatology

### Sculptra Aesthetic

Sculptra Aesthetic is a bio-stimulating injection that gradually restores age-related collagen depletion. Collagen is a protein that provides structural support to tissue. Because we lose and stop producing collagen as we age, the skin becomes more wrinkled, less elastic, less hydrated, with less volume and shape. Treatment with Sculptra Aesthetic helps replenish collagen to strengthen and rejuvenate your skin.

- active infection or cold sore is present,
- allergy to Sculptra or its ingredients,
- pregnant, breastfeeding, or planning on becoming pregnant,
- autoimmune disease or history of keloid formations.

Bruising is an expected side effect of injectables. If taking blood thinners (i.e. Aspirin, ibuprofen, fish oil, St. John's Wort, ginkgo biloba, Vitamin E, alcohol), you will be at an increased risk of bleeding and bruising at injection site. Alastin Inhance Post-Injection Serum, oral Arnica, and cold compresses may be used to help decrease bruising and swelling.

Potential side effects at injection site include but are not limited to: redness, pain/tenderness, firmness, swelling, lumps/bumps, bruising, itching, or discoloration.

\*If you experience intense pain, white appearance of skin, warm/red bumps, vision changes, signs of stroke, or notice anything unusual please call our office immediately. Please let the practitioner know if you have had any complication or side effects with any past injection.

**AFTER INJECTION:** massage the treated area for **5 minutes, 5 times a day for 5 days** (5/5/5). Do not get facials or massages for 2 weeks post injection.

- Avoid excess sunlight and UV exposure until swelling and redness disappear.
- No Vigorous activity for 24-48 hours after injection.

Swelling decreases over the first couple of days as your body reabsorbs the liquid that was injected, and you will notice you look as you did before your treatment. Collagen then develops over the next couple of months with continuing visual improvements. Additional Sculptra treatments may be scheduled every 4-6 weeks. Results can last up to 2 years.

*Beaches Dermatology has a 2 business-day cancellation or rescheduling policy. If any appointment is changed within this time, a fee will be collected.*