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SkinPen Microneedling

Before your Procedure:

- Avoid sun exposure and sunless tanners prior to procedure, the area of treatment must be pale to reduce the risk of scarring and discoloration.
- No other injectables or procedures are to be completed in the area for 1 week before or after treatment. Discontinue exfoliating and/or irritating topicals (i.e. Retinol, Tretinoin, acids, hydroquinones) and topical prescription medications for 1 week before treatment.
- Microneedling treatments can cause a cold sore or acne eruption for which oral medications can be prescribed.

PLEASE ARRIVE 1 HOUR PRIOR TO PROCEDURE TIME FOR APPLICATION OF TOPICAL NUMBING.

After your Procedure:

- Side effects to be expected are redness and flaking which can last a week. Apply the Alastin Regenerating Skin Nectar twice a day, and the Skinfuse Rescue Calming Complex throughout the day as needed for tightness and itching. Do not use exfoliating or irritating topicals for 2 weeks post procedure. Use a gentle cleanser to wash your face (no washcloth or brushes).
- Avoid sunscreen and makeup for 3 days following procedure. These product can clog the columns of injury which may cause acne or milia.
- Avoid direct sunlight 2-4 weeks after treatment. When exposed to sun, apply a broad-spectrum sunblock of SPF 45+ with zinc and titanium, wear wide-brimmed hats and sun protecting clothing.
- Avoid sweating and strenuous activities for 1-3 days, especially while skin is irritated.
- Multiple treatments are recommended for best outcomes, each at an additional price.

Beaches Dermatology has a 2 business-day cancellation or rescheduling policy, if an appointment is changed within this time, a fee will be collected.