



www.beachesdermatology.com



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Preoperative Instruction for Skin Surgery

PRE-OPERATIVE CARE

- Shower or bath on the morning of the surgery.
- If surgery is to be done on the face, head, or neck, we prefer you bring a companion to drive you home from the office.
- Please do not plan any physical activity the remainder of the day after your surgery. Limitations of activity may be required for an additional one to two weeks. Ask the doctor concerning your individual limitations.
- Plan to remain in town the week following the surgery so that if any complications occur, we may take appropriate and quick care of your problem in our office.
- Do not stop any medications you are currently taking unless your prescribing physician has advised you to. This includes blood thinners and aspirin.
- You may eat your normal breakfast or lunch prior to the procedure.
- If you have a pacemaker, defibrillator, or any other internal device, please notify your surgical nurse on the day of your surgery.

POST-OPERATIVE CARE

- Wound Care depends on the type of procedure and body location of the procedure. Specific wound care instructions will be given on the day of surgery.
- Possible supplies for Care
 - Antibacterial soap
 - Telfa dressing and surgical tape or adhesive bandage (such as Band-Aids) or non stick wrap for extremities.
 - Cotton Swabs (such as Q-tips)
 - Aquapor (or Vaseline)- A new bottle is preferred.

CANCELLATIONS: A significant amount of the doctor's time has been set aside for your surgery. Please make every effort to keep your appointment. IN the event of a cancellation, Beaches Dermatology requires 48 hours notice.

Cancellations through our automated system are not accepted. Please call the office if you need to cancel.

FAILURE TO CANCEL WITHOUT PRIOR NOTICE WILL INCUR A FEE.