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### **Efudex and Carac Use**

Efudex and Carac are creams which contain "5-Fluorouracil"- a medication which acts as chemotherapy to pre-cancerous as well as skin cancer cells.

In the process of destroying the sun-damaged skin cells, the treated areas will become red, this reaction does not start immediately. This reaction does not usually start to become noticeable for about a week into treatment. Then, after the medication is discontinued, it takes about one to two weeks for the redness and inflammation to resolve. Therefore, use this medication at a time of the year in which your social and business activities will be least affected.

#### Other Considerations:

- Do not expose the treatment site to prolonged direct sunlight.
- Do not cover the treatment site with an occlusive bandage. If you must cover an area with a bandage for any reason, then simply make sure that the area is thoroughly cleansed and free of medication before applying the bandage. Allowing medication to sit under a bandage causes a strong reaction and should be avoided. Likewise, if you need to skip an application or two, for any reason, then do not worry. It should not affect the outcome.
- The goal with these applications is to use the products for the full treatment period redness and irritation is expected. However, if at any time you feel that the reaction is too strong or uncomfortable, discontinue the medication and contact our office.
- After using the medication for the prescribed treatment duration, it is recommended to use an ointment such as Aquaphor or Hydrocortisone 1%. Either of these are available over-the-counter.

A light coat of make-up may be worn over the affected areas during the daytime if you are applying the medication at nighttime. It is generally recommended not wear make-up over a treatment site while medication is on the skin during the daytime unless otherwise directed by your physician.

You have been prescribed to apply:

Efudex	Carac	
once	twice daily for	to the _____.

Notes: \_\_\_\_\_