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Post-Treatment Instruction for Vascular Laser

Immediately following treatment, the areas may be surrounded by redness, swelling or a "sunburn-like" sensation, which should resolve over 4 hours to several days. If needed, apply ice for the first hour after treatment for ten (10) minutes on and 10 (ten) minutes off. you may continue using an ice pack at home intermittently throughout the day/evening. Take ibuprofen or acetaminophen for any minor discomfort.

Areas treated for abnormal vessels may form a linear, scaly surface crust which will fall off naturally in approximately 5-10 days after treatment. Do not pick, scratch or exfoliate treated areas. Apply Aquaphor or Vaseline ointment following the procedure as needed. Most vessels will disappear during the treatment, and some of the larger vessels may only be reduces in size. It may take up to 1 month to see full results. These areas may look slightly pink for up to two months and, in rare instances, can be permanent. If necessary, additional laser treatments will normally be separated by at least 4 to 6 weeks.

The treated areas may heal with increased or decreased pigmentation. It is recommended to protect the treated areas from any sun exposure for three moths following treatment. The use of broad spectrum sunblock and protective clothing is also recommended. If increased pigmentation occurs, it usually fades in three to six months; however, pigment changes can be permanent. To minimize chances of scarring, it is important that you follow all post-operative instructions carefully.

It is recommended to wait until the morning after treatment before gently washing your face or applying makeup.

Please contact our office if you experience any signs of infection, fevers, cold sores or increased pain.

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