



Clarence E. Boudreaux, M.D.
Dermatology & Dermatologic Surgery
Certified American Board of Dermatology

Russell D. Metz, M.D.
Dermatology & Dermatologic Surgery
Certified American Board of Dermatology

Vectus Laser Hair Removal Pre and Post Instructions

BEFORE your procedure:

- Please shave the treatment area the morning of your appointment. Electrolysis, waxing, threading, tweezing or plucking is to be avoided 4-6 weeks before treatment. Hair follicles/roots must be present for treatment to be effective.
- A topical numbing cream can be sent to you pharmacy. Apply liberally to cleaned treatment area, 1 hour before appointment time.
- LHR treatments can cause a cold sore or acne eruption for which oral medications can be prescribed.
- Avoid sun exposure and sunless tanners prior to procedure, the area of treatment must be **PALE** to reduce the risk of scarring and discoloration.
- No other injectables or procedures are to be completed in the area for 2 weeks before or after treatment. Discontinue exfoliating and/or irritating topicals (i.e. Retinol, Tretinoin, acids, hydroquinones) and topical prescription medication for 1 week before treatment.

AFTER your procedure:

- Immediately after laser hair removal, expect redness and possibly bumps in treatment area. Ice packs can be applied to help with soothing.
- Avoid direct sunlight for 2 weeks after treatment. When exposed to sun, apply a broad-spectrum sunblock of SPF 45+ with zinc and titanium, wear wide-brimmed hats and sun protective clothing.
- Avoid sweating and strenuous activities for 1-3 days, especially while skin is irritated.
- Multiple treatments are recommended for best outcomes, each at an additional price.

Beaches Dermatology has a 2 business-day cancellation or rescheduling policy, if an appointment is changed within this time, a fee will be collected.